

MAXIMUM MONTHLY ALLOWANCES OF SUPPLEMENTAL FOODS FOR FOOD PACKAGES I – VII

■ Food Package I, II, III

▸ Fully Breastfed Infants

Supplemental Foods	Maximum Monthly Allowance
0 through 5 months (Food Package I)	
None	None
6 through 11 months (Food Package II)	
Infant cereal	16 ounces
Infant fruits and vegetables	128 ounces OR 64 ounces and \$11.00 CVB OR \$22.00 CVB
Infant meats	40 ounces

▸ Partially Breastfed Infants

Supplemental Foods	Maximum Monthly Allowance
0 through 3 months (Food Package I & III)	
Similac Advance Powder	4 - 5 Cans
4 through 5 months (Food Package I & III)	
Similac Advance Powder	5 Cans
6 through 11 months (Food Package II & III)	
Similac Advance Powder	4 Cans
Infant cereal	8 ounces
Infant fruits and vegetables	128 ounces OR 64 ounces and \$11.00 CVB OR \$22.00 CVB

▸ Fully Formula Fed Infants

Supplemental Foods	Maximum Monthly Allowances
0 through 3 months (Food Package I & III)	
Similac Advance Powder	9 Cans
4 through 5 months (Food Package I & III)	
Similac Advance Powder	10 Cans
6 through 11 months (Food Package II & III)	
Similac Advance Powder	7 Cans
Infant cereal	8 ounces
Infant fruits and vegetables	128 ounces OR 64 ounces and \$11.00 CVB OR \$22.00 CVB

MAXIMUM MONTHLY ALLOWANCES OF SUPPLEMENTAL FOODS FOR FOOD PACKAGES I – VII

■ Food Package IV

▸ Food Package IV(A): Children 12 to 23 Months

Supplemental Foods	Maximum Monthly Allowance
12 through 23 months	
Juice	64 fluid ounces OR \$3.00 CVB
Milk	4 gallons
Breakfast cereal	36 ounces
Eggs	1 dozen
Fruits and vegetables	\$26.00 CVB
Whole wheat bread or whole grains	24 ounces
Fish	6 ounces
Dry or canned beans, peas or lentils OR peanut butter	1 container beans/peas as: 16-ounce bag dry or (4) 15-16-ounce cans or 1 peanut butter 16-18 ounces

▸ Food Package IV(B): Children 2 to 4 Years

Supplemental Foods	Maximum Monthly Allowance
2 through 4 years	
Foods	Maximum Monthly Allowances
Juice	64 fluid ounces OR \$3.00 CVB
Milk	4 gallons
Breakfast cereal	36 ounces
Eggs	1 dozen
Fruits and vegetables	\$26.00 CVB
Whole wheat bread or whole grains	24 ounces
Fish	6 ounces
Dry or canned beans, peas or lentils OR peanut butter	1 container beans/peas as: 16-ounce bag dry or (4) 15-16-ounce cans or 1 peanut butter 16-18 ounces

MAXIMUM MONTHLY ALLOWANCES OF SUPPLEMENTAL FOODS FOR FOOD PACKAGES I – VII

■ Food Package V

- Food Package V(A):
 - Pregnant women
 - Pregnant women who are fully formula feeding an infant
 - Pregnant women who are breastfeeding (single or multiple infants) > MMA

Supplemental Foods	Maximum Monthly Allowance
Prenatal/Up to 1 year postpartum	
Foods	Maximum Monthly Allowances
Juice	64 fluid ounces OR \$3.00 CVB
Milk	5.5 gallons
Breakfast cereal	36 ounces
Eggs	1 dozen
Fish	10 ounces
Fruits and vegetables	\$48.00 CVB
Whole wheat bread or whole grains	48 ounces
Dry or canned beans, peas or lentils and Peanut butter	1 container beans/peas as: 16-ounce bag dry or (4) 15-16-ounce cans and 1 peanut butter (16-18 ounces)

- Food Package V(B):
 - Partially breastfeeding women ≤ MMA
 - Women pregnant with multiples or pregnant with multiples AND partially breastfeeding > MMA or fully formula feeding

Supplemental Foods	Maximum Monthly Allowance
Prenatal/Up to 1 year postpartum	
Foods	Maximum Monthly Allowances
Juice	64 fluid ounces OR \$3.00 CVB
Milk	5.5 gallons
Breakfast cereal	36 ounces
Eggs	1 dozen
Fish	15 ounces
Fruits and vegetables	\$52.00 CVB
Whole wheat bread or whole grains	48 ounces
Dry or canned beans, peas or lentils and Peanut butter	1 container beans/peas as: 16-ounce bag dry or (4) 15-16-ounce can and 1 peanut butter (16-18 ounces)

MAXIMUM MONTHLY ALLOWANCES OF SUPPLEMENTAL FOODS FOR FOOD PACKAGES I – VII

Food Package VI

- Non-breastfeeding postpartum women
- Partially breastfeeding women (single or multiple infants) >MMA

Supplemental Foods	Maximum Monthly Allowance
Up to 6 months post-partum	
Foods	Maximum Monthly Allowances
Juice	64 fluid ounces OR \$3.00 CVB
Milk	4 gallons
Breakfast cereal	36 ounces
Eggs	1 dozen
Fish	10 ounces
Fruits and vegetables	\$48.00 CVB
Whole wheat bread or whole grains	48 ounces
Dry or canned beans, peas or lentils or peanut butter	1 container beans/peas as: 16-ounce bag dry or (4) 15-16-ounce cans or 1 peanut butter 16-18 ounces

■ Food Package VII

- Fully breastfeeding women whose infant does not receive formula from WIC
- Women who are partially breastfeeding multiple infants (from the same pregnancy) who receive formula amounts ≤ MMA
- Pregnant women (single or multiple fetuses) who are fully breastfeeding or partially breastfeeding ≤ MMA

Supplemental Foods	Maximum Monthly Allowance
Up to 1 year postpartum	
Foods	Maximum Monthly Allowances
Juice	64 fluid ounces OR \$3.00 CVB
Milk	6 gallons
Breakfast cereal	36 ounces
Eggs	2 dozen
Fruits and vegetables	\$52.00 CVB
Whole wheat bread or whole grains	48 ounces
Fish	20 ounces
Dry or canned beans, peas or lentils and Peanut butter	1 container beans/peas as: 16-ounce bag dry or (4) 15-16-ounce cans and 1 peanut butter (16-18 ounces)

MAXIMUM MONTHLY ALLOWANCES OF SUPPLEMENTAL FOODS FOR FOOD PACKAGES I – VII

■ Food Package VII +

- Women fully breastfeeding multiple infants who do not receive formula from WIC

Supplemental Foods	Maximum Monthly Allowance
Up to 1 year postpartum	
Foods	Maximum Monthly Allowances
Juice	96 fluid ounces OR \$4.50 CVB
Milk	9 gallons
Breakfast cereal	54 ounces
Eggs	3 dozen
Fruits and vegetables	\$78.00 CVB
Whole wheat bread or whole grains	72 ounces
Fish	30 ounces
Dry or canned beans, peas or lentils and Peanut butter	1.5 x [1 container beans/peas (16-ounce bag dry or (4) 15-16-ounce cans)] and 1.5 x 1 peanut butter (16-18 ounces)

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FOR FOOD PACKAGES I – VII**

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